

Foundations of machine learning  
Shrinkage in the Normal means model

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# Outline

- Setup: the Normal means model

$$X \sim N(\theta, I_k)$$

and the canonical estimation problem with loss  $\|\hat{\theta} - \theta\|^2$ .

- The James-Stein (JS) shrinkage estimator.
- Three ways to arrive at the JS estimator (almost):
  1. Reverse regression of  $\theta_i$  on  $X_i$ .
  2. Empirical Bayes: random effects model for  $\theta_i$ .
  3. Shrinkage factor minimizing Stein's Unbiased Risk Estimate.
- Proof that JS uniformly dominates  $X$  as estimator of  $\theta$ .
- Bonus slides: The Normal means model as asymptotic approximation.

## Takeaways for this part of class

- Shrinkage estimators trade off variance and bias.
- In multi-dimensional problems, we can estimate the optimal degree of shrinkage.
- Three intuitions that lead to the JS-estimator:
  1. Predict  $\theta_i$  given  $X_i \Rightarrow$  reverse regression.
  2. Estimate distribution of the  $\theta_i \Rightarrow$  empirical Bayes.
  3. Find shrinkage factor that minimizes estimated risk.
- Some calculus allows us to derive the risk of JS-shrinkage  $\Rightarrow$  better than MLE, no matter what the true  $\theta$  is.

The Normal means model

Regression perspective

Parametric empirical Bayes

Stein's Unbiased Risk Estimate

References

# The Normal means model

## Setup

- $\theta \in \mathbb{R}^k$
- $\varepsilon \sim N(0, I_k)$
- $X = \theta + \varepsilon \sim N(\theta, I_k)$
- Estimator:  $\hat{\theta} = \hat{\theta}(X)$
- Loss: squared error

$$L(\hat{\theta}, \theta) = \sum_i (\hat{\theta}_i - \theta_i)^2$$

- Risk: mean squared error

$$R(\hat{\theta}, \theta) = E_{\theta} [L(\hat{\theta}, \theta)] = \sum_i E_{\theta} [(\hat{\theta}_i - \theta_i)^2].$$

## Two estimators

- Canonical estimator: maximum likelihood,

$$\hat{\theta}^{ML} = X$$

- Risk function

$$R(\hat{\theta}^{ML}, \theta) = \sum_i E_{\theta} [\varepsilon_i^2] = k.$$

- James-Stein shrinkage estimator

$$\hat{\theta}^{JS} = \left(1 - \frac{(k-2)/k}{\overline{X^2}}\right) \cdot X.$$

- Celebrated result: uniform risk dominance; for all  $\theta$

$$R(\hat{\theta}^{JS}, \theta) < R(\hat{\theta}^{ML}, \theta) = k.$$

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## First motivation of JS: Regression perspective

- We will discuss three ways to motivate the JS-estimator (up to degrees of freedom correction).

- Consider estimators of the form

$$\hat{\theta}_i = c \cdot X_i$$

or

$$\hat{\theta}_i = a + b \cdot X_i.$$

- How to choose  $c$  or  $(a, b)$ ?
- Two particular possibilities:
  1. Maximum likelihood:  $c = 1$
  2. James-Stein:  $c = \left(1 - \frac{(k-2)/k}{X^2}\right)$



## Practice problem (Infeasible estimator)

- Suppose you knew  $X_1, \dots, X_k$  as well as  $\theta_1, \dots, \theta_k$ ,
  - but are constrained to use an estimator of the form  $\hat{\theta}_i = c \cdot X_i$ .
1. Find the value of  $c$  that minimizes loss.
  2. For estimators of the form  $\hat{\theta}_i = a + b \cdot X_i$ , find the values of  $a$  and  $b$  that minimize loss.

# Solution

- First problem:

$$c^* = \operatorname{argmin}_c \sum_i (c \cdot X_i - \theta_i)^2$$

- Least squares problem!

- First order condition:

$$0 = \sum_i (c^* \cdot X_i - \theta_i) \cdot X_i.$$

- Solution

$$c^* = \frac{\sum X_i \theta_i}{\sum_i X_i^2}.$$

## Solution continued

- Second problem:

$$(a^*, b^*) = \operatorname{argmin}_{a, b} \sum_i (a + b \cdot X_i - \theta_i)^2$$

- Least squares problem again!
- First order conditions:

$$0 = \sum_i (a^* + b^* \cdot X_i - \theta_i)$$

$$0 = \sum_i (a^* + b^* \cdot X_i - \theta_i) \cdot X_i.$$

- Solution

$$b^* = \frac{\sum (X_i - \bar{X}) \cdot (\theta_i - \bar{\theta})}{\sum_i (X_i - \bar{X})^2} = \frac{s_{X\theta}}{s_X^2}, \quad a^* + b^* \cdot \bar{X} = \bar{\theta}$$

## Regression and reverse regression

- Recall  $X_i = \theta_i + \varepsilon_i$ ,  $E[\varepsilon_i|\theta_i] = 0$ ,  $\text{Var}(\varepsilon_i) = 1$ .
- **Regression** of  $X$  on  $\theta$ : Slope

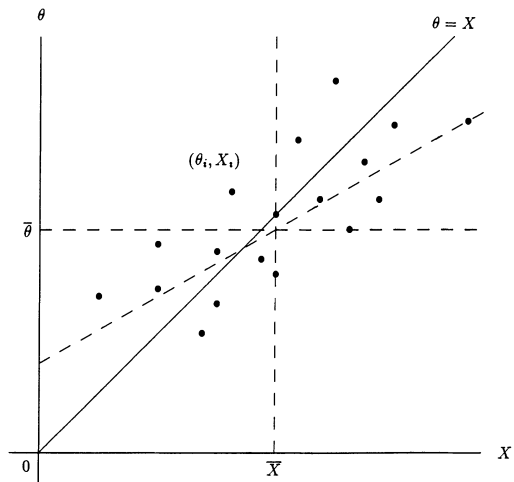
$$\frac{s_{X\theta}}{s_\theta^2} = 1 + \frac{s_{\varepsilon\theta}}{s_\theta^2} \approx 1.$$

- For optimal shrinkage, we want to predict  $\theta$  given  $X$ , not the other way around!
- **Reverse regression** of  $\theta$  on  $X$ : Slope

$$\frac{s_{X\theta}}{s_X^2} = \frac{s_\theta^2 + s_{\varepsilon\theta}}{s_\theta^2 + 2s_{\varepsilon\theta} + s_\varepsilon^2} \approx \frac{s_\theta^2}{s_\theta^2 + 1}.$$

- Interpretation: “signal to (signal plus noise) ratio”  $< 1$ .

# Illustration



# Expectations

## Practice problem

1. Calculate the expectations of

$$\bar{X} = \frac{1}{k} \sum_i X_i, \quad \overline{X^2} = \frac{1}{k} \sum_i X_i^2,$$

and

$$s_X^2 = \frac{1}{k} \sum_i (X_i - \bar{X})^2 = \overline{X^2} - \bar{X}^2$$

2. Calculate the expected numerator and denominator of  $c^*$  and  $b^*$ .

## Solution

- $E[\bar{X}] = \bar{\theta}$
- $E[\bar{X}^2] = \bar{\theta}^2 + 1$
- $E[s_X^2] = \bar{\theta}^2 - \bar{\theta}^2 + 1 = s_\theta^2 + 1$
- $c^* = (\overline{X\theta})/(\overline{X^2})$ , and  $E[\overline{X\theta}] = \bar{\theta}^2$ . Thus

$$c^* \approx \frac{\bar{\theta}^2}{\bar{\theta}^2 + 1}.$$

- $b^* = s_{X\theta}/s_X^2$ , and  $E[s_{X\theta}] = s_\theta^2$ . Thus

$$b^* \approx \frac{s_\theta^2}{s_\theta^2 + 1}.$$

## Feasible analog estimators

### Practice problem

Propose feasible estimators of  $c^*$  and  $b^*$ .



## A solution

- Recall:

- $c^* = \frac{\overline{X\theta}}{\overline{X^2}}$

- $\overline{\theta\varepsilon} \approx 0, \overline{\varepsilon^2} \approx 1.$

- Since  $X_i = \theta_i + \varepsilon_i,$

$$\overline{X\theta} = \overline{X^2} - \overline{X\varepsilon} = \overline{X^2} - \overline{\theta\varepsilon} - \overline{\varepsilon^2} \approx \overline{X^2} - 1$$

- Thus:

$$c^* = \frac{\overline{X^2} - \overline{\theta\varepsilon} - \overline{\varepsilon^2}}{\overline{X^2}} \approx \frac{\overline{X^2} - 1}{\overline{X^2}} = 1 - \frac{1}{\overline{X^2}} =: \hat{c}.$$

## Solution continued

- Similarly:

- $b^* = \frac{s_{X\theta}}{s_X^2}$

- $s_{\theta\epsilon} \approx 0, s_\epsilon^2 \approx 1.$

- Since  $X_i = \theta_i + \epsilon_i,$

$$s_{X\theta} = s_X^2 - s_{X\epsilon} = s_X^2 - s_{\theta\epsilon} - s_\epsilon^2 \approx s_X^2 - 1$$

- Thus:

$$b^* = \frac{s_X^2 - s_{\theta\epsilon} - s_\epsilon^2}{s_X^2} \approx \frac{s_X^2 - 1}{s_X^2} = 1 - \frac{1}{s_X^2} =: \hat{b}$$

## James-Stein shrinkage

- We have almost derived the James-Stein shrinkage estimator.
- Only difference: degree of freedom correction
- Optimal corrections:

$$c^{JS} = 1 - \frac{(k-2)/k}{\bar{X}^2},$$

and

$$b^{JS} = 1 - \frac{(k-3)/k}{s_X^2}.$$

- Note: if  $\theta = 0$ , then  $\sum_i X_i^2 \sim \chi_k^2$ .
- Then, by properties of inverse  $\chi^2$  distributions

$$E \left[ \frac{1}{\sum_i X_i^2} \right] = \frac{1}{k-2},$$

so that  $E [c^{JS}] = 0$ .

## Positive part JS-shrinkage

- The estimated shrinkage factors can be negative.
- $c^{JS} < 0$  iff

$$\sum_i X_i^2 < k - 2.$$

- Better estimator: restrict to  $c \geq 0$ .
- “Positive part James-Stein estimator:”

$$\hat{\theta}^{JS+} = \max\left(0, 1 - \frac{(k-2)/k}{\bar{X}^2}\right) \cdot X.$$

- Dominates James-Stein.
- We will focus on the JS-estimator for analytical tractability.

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## Second motivation of JS: Parametric empirical Bayes Setup

- As before:  $\theta \in \mathbb{R}^k$
- $X|\theta \sim N(\theta, I_k)$
- Loss  $L(\hat{\theta}, \theta) = \sum_i (\hat{\theta}_i - \theta_i)^2$
- Now add an additional conceptual layer:  
Think of  $\theta_i$  as i.i.d. draws from some distribution.
- “Random effects vs. fixed effects”
- Let's consider  $\theta_i \sim^{iid} N(0, \tau^2)$ ,  
where  $\tau^2$  is unknown.

## Practice problem

- Derive the marginal distribution of  $X$  given  $\tau^2$ .
- Find the maximum likelihood estimator of  $\tau^2$ .
- Find the conditional expectation of  $\theta$  given  $X$  and  $\tau^2$ .
- Plug in the maximum likelihood estimator of  $\tau^2$  to get the empirical Bayes estimator of  $\theta$ .

## Solution

- Marginal distribution:

$$X \sim N(0, (\tau^2 + 1) \cdot I_k)$$

- Maximum likelihood estimator of  $\tau^2$ :

$$\begin{aligned}\hat{\tau}^2 &= \operatorname{argmax}_{t^2} -\frac{1}{2} \sum_i \left( \log(\tau^2 + 1) + \frac{X_i^2}{(\tau^2 + 1)} \right) \\ &= \overline{X^2} - 1\end{aligned}$$

- Conditional expectation of  $\theta_i$  given  $X_i$ ,  $\tau^2$ :

$$\hat{\theta}_i = \frac{\operatorname{Cov}(\theta_i, X_i)}{\operatorname{Var}(X_i)} \cdot X_i = \frac{\tau^2}{\tau^2 + 1} \cdot X_i.$$

- Plugging in  $\hat{\tau}^2$ :

$$\hat{\theta}_i = \left( 1 - \frac{1}{\overline{X^2}} \right) \cdot X_i.$$



# General parametric empirical Bayes Setup

- Data  $X$ ,  
parameters  $\theta$ ,  
hyper-parameters  $\eta$

- Likelihood

$$X|\theta, \eta \sim f_{X|\theta}$$

- Family of priors

$$\theta|\eta \sim f_{\theta|\eta}$$

- Limiting cases:
  - $\theta = \eta$ : Frequentist setup.
  - $\eta$  has only one possible value: Bayesian setup.

## Empirical Bayes estimation

- Marginal likelihood

$$f_{X|\eta}(x|\eta) = \int f_{X|\theta}(x|\theta)f_{\theta|\eta}(\theta|\eta)d\theta.$$

Has simple form when family of priors is conjugate.

- Estimator for hyper-parameter  $\eta$ : marginal MLE

$$\hat{\eta} = \operatorname{argmax}_{\eta} f_{X|\eta}(x|\eta).$$

- Estimator for parameter  $\theta$ : pseudo-posterior expectation

$$\hat{\theta} = E[\theta|X = x, \eta = \hat{\eta}].$$

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## Third motivation of JS: Stein's Unbiased Risk Estimate

- Stein's lemma (simplified version):
- Suppose  $X \sim N(\boldsymbol{\theta}, I_k)$ .
- Suppose  $g(\cdot) : \mathbb{R}^k \rightarrow \mathbb{R}$  is differentiable and  $E[|g'(X)|] < \infty$ .

- Then

$$E[(X - \boldsymbol{\theta}) \cdot g(X)] = E[\nabla g(X)].$$

- Note:
  - $\boldsymbol{\theta}$  shows up in the expression on the LHS, but not on the RHS
  - Unbiased estimator of the RHS:  $\nabla g(X)$

## Practice problem

Prove this.

Hints:

1. Show that the standard Normal density  $\varphi(\cdot)$  satisfies

$$\varphi'(x) = -x \cdot \varphi(x).$$

2. Consider each component  $i$  separately and use integration by parts.

## Solution

- Recall that  $\varphi(x) = (2\pi)^{-0.5} \cdot \exp(-x^2/2)$ .  
Differentiation immediately yields the first claim.
- Consider the component  $i = 1$ ; the others follow similarly. Then

$$\begin{aligned} E[\partial_{x_1} g(X)] &= \\ &= \int_{x_2, \dots, x_k} \int_{x_1} \partial_{x_1} g(x_1, \dots, x_k) \cdot \varphi(x_1 - \theta_1) \cdot \prod_{i=2}^k \varphi(x_i - \theta_i) dx_1 \dots dx_k \\ &= \int_{x_2, \dots, x_k} \int_{x_1} g(x_1, \dots, x_k) \cdot (-\partial_{x_1} \varphi(x_1 - \theta_1)) \cdot \prod_{i=2}^k \varphi(x_i - \theta_i) dx_1 \dots dx_k \\ &= \int_{x_2, \dots, x_k} \int_{x_1} g(x_1, \dots, x_k) \cdot (x_1 - \theta_1) \varphi(x_1 - \theta_1) \cdot \prod_{i=2}^k \varphi(x_i - \theta_i) dx_1 \dots dx_k \\ &= E[(X_1 - \theta_1) \cdot g(X)]. \end{aligned}$$

- Collecting the components  $i = 1, \dots, k$  yields

$$E[(X - \theta) \cdot g(X)] = E[\nabla g(X)].$$

## Stein's representation of risk

- Consider a general estimator for  $\theta$  of the form  $\hat{\theta} = \hat{\theta}(X) = X + g(X)$ , for differentiable  $g$ .
- Recall that the risk function is defined as

$$R(\hat{\theta}, \theta) = \sum_i E[(\hat{\theta}_i - \theta_i)^2].$$

- We will show that this risk function can be rewritten as

$$R(\hat{\theta}, \theta) = k + \sum_i (E[g_i(X)^2] + 2E[\partial_{x_i} g_i(X)]).$$

### Practice problem

- Interpret this expression.
- Propose an unbiased estimator of risk, based on this expression.

## Answer

- The expression of risk has 3 components:
  1.  $k$  is the risk of the canonical estimator  $\hat{\theta} = X$ , corresponding to  $g \equiv 0$ .
  2.  $\sum_i E[g_i(X)^2] = \sum_i E[(\hat{\theta}_i - X_i)^2]$  is the sample sum of squared errors.
  3.  $\sum_i E[\partial_{x_i} g_i(X)]$  can be thought of as a penalty for overfitting.
- We thus can think of this expression as giving a “penalized least squares” objective.
- The sample analog expression gives “Stein’s Unbiased Risk Estimate” (SURE)

$$\hat{R} = k + \sum_i \left( \hat{\theta}_i - X_i \right)^2 + 2 \cdot \sum_i \partial_{x_i} g_i(X).$$



- We will use Stein's representation of risk in 2 ways:
  1. To derive feasible optimal shrinkage parameter using its sample analog (SURE).
  2. To prove uniform dominance of JS using population version.

### Practice problem

Prove Stein's representation of risk.

Hints:

- Add and subtract  $X_i$  in the expression defining  $R(\hat{\theta}, \theta)$ .
- Use Stein's lemma.

## Solution

$$\begin{aligned}R(\theta) &= \sum_i E[(\hat{\theta}_i - X_i + X_i - \theta_i)^2] \\&= \sum_i E[(X_i - \theta_i)^2] + E[(\hat{\theta}_i - X_i)^2] + 2E[(\hat{\theta}_i - X_i) \cdot (X_i - \theta_i)] \\&= \sum_i 1 + E[g_i(X)^2] + 2E[g_i(X) \cdot (X_i - \theta_i)] \\&= \sum_i 1 + E[g_i(X)^2] + 2E[\partial_{x_i} g_i(X)],\end{aligned}$$

where Stein's lemma was used in the last step.

## Using SURE to pick the tuning parameter

- First use of SURE: To pick tuning parameters, as an alternative to cross-validation or marginal likelihood maximization.
- Simple example: Linear shrinkage estimation

$$\hat{\theta} = c \cdot X.$$

### Practice problem

- Calculate Stein's unbiased risk estimate for  $\hat{\theta}$ .
- Find the coefficient  $c$  minimizing estimated risk.

## Solution

- When  $\hat{\theta} = c \cdot X$ ,  
then  $g(X) = \hat{\theta} - X = (c - 1) \cdot X$ ,  
and  $\partial_{x_i} g_i(X) = c - 1$ .

- Estimated risk:

$$\hat{R} = k + (1 - c)^2 \cdot \sum_i X_i^2 + 2k \cdot (c - 1).$$

- First order condition for minimizing  $\hat{R}$ :

$$k = (1 - c^*) \cdot \sum_i X_i^2.$$

- Thus

$$c^* = 1 - \frac{1}{X^2}.$$

- Once again: Almost the JS estimator, up to degrees of freedom correction!

## Celebrated result: Dominance of the JS-estimator

- We next use the population version of SURE to prove uniform dominance of the JS-estimator relative to maximum likelihood.
- Recall that the James-Stein estimator was defined as

$$\hat{\theta}^{JS} = \left(1 - \frac{(k-2)/k}{\overline{X^2}}\right) \cdot X.$$

- Claim: The JS-estimator has uniformly lower risk than  $\hat{\theta}^{ML} = X$ .

### Practice problem

Prove this, using Stein's representation of risk.

## Solution

- The risk of  $\hat{\theta}^{ML}$  is equal to  $k$ .
- For JS, we have

$$g_i(X) = \hat{\theta}_i^{JS} - X_i = -\frac{k-2}{\sum_j X_j^2} \cdot X_i, \quad \text{and}$$

$$\partial_{x_i} g_i(X) = \frac{k-2}{\sum_j X_j^2} \cdot \left( -1 + \frac{2X_i^2}{\sum_j X_j^2} \right).$$

- Summing over components gives

$$\sum_i g_i(X)^2 = \frac{(k-2)^2}{\sum_j X_j^2}, \quad \text{and}$$

$$\sum_i \partial_{x_i} g_i(X) = -\frac{(k-2)^2}{\sum_j X_j^2}.$$

## Solution continued

- Plugging into Stein's expression for risk then gives

$$\begin{aligned}R(\widehat{\theta}^{JS}, \theta) &= k + E \left[ \sum_i g_i(X)^2 + 2 \sum_i \partial_{x_i} g_i(X) \right] \\ &= k + E \left[ \frac{(k-2)^2}{\sum_i X_i^2} - 2 \frac{(k-2)^2}{\sum_j X_j^2} \right] \\ &= k - E \left[ \frac{(k-2)^2}{\sum_i X_i^2} \right].\end{aligned}$$

- The term  $\frac{(k-2)^2}{\sum_i X_i^2}$  is always positive (for  $k \geq 3$ ), and thus so is its expectation. Uniform dominance immediately follows.
- Pretty cool, no?

## References

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